

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 7:00pm
Wednesday 12:10pm
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

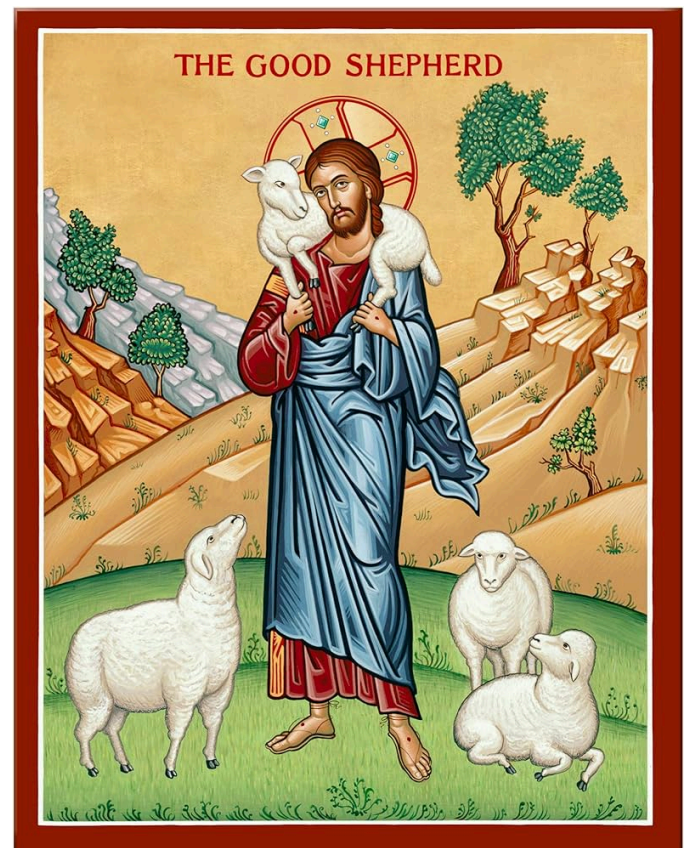
Eucharistic Adoration

First Tuesdays 5:45 - 6:45pm
Third Wednesdays following 12:10pm Mass

Rosary

Monday 8:30am in church - 7pm on Zoom
Tuesday 6:45pm (First Tuesdays at 6:15pm)
Thursday 7:30am
First Saturdays 3:30pm

Fourth Sunday of Easter April 21, 2024



St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

*I am the good shepherd; I know my own
and my own know me, as the Father
knows me and I know the Father;
and I lay down my life for the sheep.*

Mass Intentions

Sacred Heart

April 20 - 28, 2024

The Sanctuary Candle burns for
*The Intentions of Kevin, Clara,
and Haley McNamara*
by Sheila Gallagher

Saturday Vigil / Sunday: April 20 / 21
Fourth Sunday of Easter

4:00pm Margaret Kirby by Paul McDonough
8:00am Lucille Barton by Pat Aucoin
9:30am The Holiness of the Religious Ed.
Students who Will Receive Their Sacraments
at this Mass and Their Families

Monday: April 22

8:00am The Healing of Kevin McNamara and
Peace for His Family by His Mom

Tuesday: April 23

7:00pm The Intentions of Emily Parker
by Michael Parker

Wednesday: April 24

12:10pm Rae Jean and Bob Bressett
by Janice Miles

Thursday: April 25
St. Mark, Evangelist

8:00am The Healing of Andy Caliendo
by Michelle and Stephen Johnston

Saturday Vigil / Sunday: April 27 / 28
Fifth Sunday of Easter

4:00pm Al Cormier by His Family
8:00am Harold Rutherford by Joanna Buckley
9:30am Raymond Dixon
by The Tremblay Family

St. Helena and St. Mary's Mission

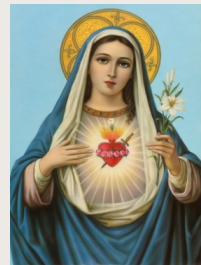
April 21 and 28, 2024

Sunday: April 21
Fourth Sunday of Easter

10:00am (St. Mary's) The Healing of William
Vanasse by Mom Rosie and Kevin Swanson
5:30pm Pro Populo

Sunday: April 28
Fifth Sunday of Easter

10:00am (St. Mary's) Pro Populo
5:30pm Celebrant's Intentions



THE MARIAN MONTH of MAY

The Rosary will be prayed one half hour before each Saturday Vigil Mass at Sacred Heart and before each Sunday Mass at St. Mary's and St. Helena.

On Mary's Altar at Sacred Heart, there will be four seven-day candles available to light in memory or honor of a loved one. (This is a total of 16 candles throughout the month.) They're available as follows:

May 4 - 10 (4 candles left)
May 11 - 17 (1 candle left)
May 18 - 24 (2 candles left)
May 25 - 31 (4 candles left)

To reserve one of these candles, please call or email the office. The suggested donation is \$10.

Every penny counts!



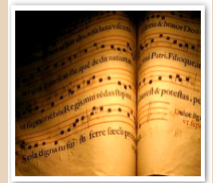
Thank you for your contribution - big and small!

UPCOMING SPECIAL COLLECTIONS

April 20 through May 12 -
New Hampshire Catholic Appeal
Sunday, May 5 - Fuel Fund
Thursday, May 9 - The Ascension
Sunday, May 19 - Catholic
Communications Campaign

NIGHT PRAYER (COMPLINE)

Join us for Night Prayer at Sacred Heart every Tuesday in Eastertide after 7pm Mass.



*Lord, now lettest thou thy servant depart in peace,
according to thy word for mine eyes have seen thy
salvation which thou hast prepared in the presence
of all peoples, a light for revelation to the Gentiles,
and for glory to thy people Israel.*

The Nunc Dimittis, Luke 2:29-32

Parish Ministries and Announcements



BIBLE STUDY at SACRED HEART

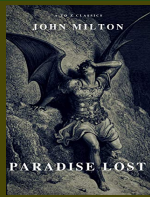
This Sunday, April 21
Parish Office, following
9:30am Mass

Join us as we examine David, a man after God's own heart, using Bishop Barron's Word on Fire course, *David the King*. This is a six-week course so we'll meet every Sunday through June 2 (except May 12 which is Mother's Day). Please make sure to join our Flocknote group to receive all notifications.

SACRED HEART BOOK CLUB

We'll be meeting this Tuesday
April 23, 5:45 - 6:45pm,
in the Parish Office.

All are welcome.



MONDAY NIGHT ROSARY

Join us on Zoom at 7pm and pray the Glorious Mysteries with us throughout Eastertide. Zoom sign-in information can be found on our parish website.

PRAYER SHAWLS are available at the entrances of all our churches. Please take a shawl to someone who could use a physical reminder that he or she is being prayed for.



A PARISHIONER'S PRISON MINISTRY

Sacred Heart parishioner David Monmaney regularly corresponds with several inmates at various prisons. For many of these individuals, his is the only outside voice they hear and their sole link to the free world. David is in need of postage stamps, envelopes, writing paper, and Scotch tape. If you would like to help, you could drop off any of the items listed at the parish office. Thank you for your consideration.



Pastoral Care Visitors

We hope to share the Eucharist and conversation with the homebound in our parishes. If you, a family member, or a friend cannot come to Mass, our parish family will come to you.

Please contact the office to request a visit. Our Pastoral Care ministers would be happy to share their time with those who are unable to get out on their own.

This weekend we kickoff the New Hampshire Catholic Appeal, an initiative for our diocese to grow and expand ministries in the Church in our state. It has consolidated six of our annual collections under one appeal along with the Catholic Charities NH Appeal and the *Parable* magazine drive. We are grateful to all who donated to the NHCA last year.



NEW HAMPSHIRE CATHOLIC APPEAL
FUTURE OF OUR FAITH II - ONE BREAD, ONE BODY

This appeal again will help fund essential services and ministries like the care of our retired priests, education and formation of seminarians, Catholic education, *Parable* magazine, the Community Services program, Catholic Charities NH, and more. Everyone in our parishes will receive a copy of the appeal materials so that you can learn more about the NHCA and how you can participate. As you consider making your gift, please consider what you have given to those individual collections noted above. **The 2024 goal for Sacred Heart is \$26,556 and for St. Helena/St. Mary's is \$7,072.** Any money raised over our goals will be rebated to our parishes to use for our own needs.



Together we are many parts of the Church in NH but *one body* of Christ and we can make a difference in the lives of many people. To make your gift, please return the gift envelope you'll receive in the mail. You may also visit the appeal's website noted below or call their office at 603-663-0170. Thank you.

*For more information, go to
<https://www.catholicnh.org/nhca>*

Parish Ministries and Announcements



A PARISHIONER ASKS ...

I see where our students are being Confirmed soon. Do they have to have a saint's name these days? When I was Confirmed in the early 70s, we weren't encouraged to do so.

In the USA, the celebration of Confirmation is often accompanied by the choosing of a "Confirmation name." This has become a popular custom during the past century.

During the first few centuries of Christianity, the three sacraments of initiation, Baptism, Confirmation, and the Eucharist, were always celebrated together. This meant that adults, children, and babies received all three sacraments when converting to Christianity. At the time, becoming a Christian often involved a conversion from paganism and the need for a Christian name in harmony with their new faith. In many ways this practice was inspired by various episodes in the Bible where an individual received a new name when given a mission by God. For example, Abram became "Abraham," and Sarai became "Sarah."

Eventually Confirmation was separated from Baptism in the Western Church and came to be celebrated in many dioceses when the child was older. This gave rise to the custom of having an additional "Confirmation name," signifying the new grace given to those being confirmed.

During the past few decades, an emphasis has been placed on choosing a Confirmation name, most often associated with the name of a saint. It is important to remember that as members of the Church, we are never alone. As St. Paul said, "*We are surrounded by so great a cloud of witnesses*" (Hebrews 12:1). These witnesses are the saints who continually intercede for us (CCC 956). **In choosing a confirmation saint, we are choosing a special friend to intercede for us in heaven and after whom we can model our lives while here on earth.**

However, some dioceses have sought to preserve the link between Baptism and Confirmation and discourage young people from choosing a separate name. Instead, the individual's baptismal name is used at the moment of Confirmation.

Whatever the local custom may be, Confirmation is a sacrament designed to strengthen the graces received at Baptism. It is a beautiful sacrament, one that can be accompanied by a new name, even if this is not a requirement and is a *relatively* new custom in the Catholic Church.

Derby Day Fundraiser



SACRED HEART

Get your tickets early for this family-friendly event!

We sold out last year so don't wait!

Saturday, May 4, following 4pm Vigil Mass

Adult ticket: \$25 / Children's ticket: \$15

There'll be horse-racing, Derby BINGO, and lots of prizes in addition to a delicious BBQ rib dinner!

Pre-sale tickets available only through this Sunday. Save \$2 per ticket!

Come enjoy the company of your fellow parishioners and their families. And don't forget your hat!



*** SAVE THE DATE - TUES, MAY 14 ***

Fr. Josh Livingston will present an evening lecture on Our Lady at 6:00pm. A Novus Ordo Latin Mass follows at 7 o'clock with Compline directly after.

All are welcome!

Parish, Diocesan, & Community Notes

APRIL and MAY EVENTS at SACRED HEART

This Sunday, April 21 - Religious Ed. students receive the Sacraments of Confirmation and First Eucharist by Bishop Libasci at the 9:30 Mass. Refreshments follow in the Parish Hall.

Saturday, May 4 - Derby Day Fundraiser

Sunday, May 5 - May Crowning of Mary at 9:30 Mass.

Thursday, May 9 - Ascension Thursday. Masses at 12:10 and 7:00pm. **This is a Holy Day of Obligation.**

Sunday, May 26 - Filipino - American *Flores de Mayo* celebration at 9:30 Mass with outdoor procession following.

Monday, May 27 - Memorial Day Knights of Columbus Coffee and Donuts following 9:30 Mass. Watch the parade from the church lawn!



Free
Community Dinner
at St. Mary's, Canaan

Join us after the 10am Mass on Sunday, April 21, when the Knights of Columbus, Council 8027, will host our monthly Community Dinner.

MENU: Spaghetti with Meatballs, Garden Salad, Variety of Desserts and Beverages

TOGETHER WE CAN
Keep God's Children Safe



April is Child Abuse Prevention Month

Keep Kids Safe - Abuse Awareness Training

Did you know? The Diocese of Manchester requires all those who work with children and youth in our parishes, schools, and camps to complete "safe environment" training. This training teaches adults to recognize and report suspected abuse and boundary violations. Training is offered free of charge to all NH Catholic adults and is available online at <https://manchester.cmgconnect.org>

For more information about child safety, visit www.catholicnh.org/safety

EMPLOYMENT/VOLUNTEER OPPORTUNITIES at SACRED HEART

Parish Secretary (start date April 29)

- Work between 28 - 30 hours per week, Monday through Thursday, mostly with Google products
- Produce weekly bulletin as well as Flocknotes as needed
- Process deposits and bills, and print checks

Knowledge and love of the Faith most helpful. Shadow current secretary for up to two months or as needed.

Director of Religious Education / Safe Environment Coordinator (start date mid-July)

- Work an average of 12 hours per week in concert with Fr. Charles
- Flexible schedule within the year but must work Sundays when Religious Education is in session along with the occasional weekday evening when families come to church for a Religious Ed. event
- Careful processing of adult volunteers in the parish regarding diocesan Safe Environment practices

Youth Ministry Leader

- Parishioner Marc Ramsey will finish out this year as leader, but due to family and work obligations is unable to return next school year. To learn more about this volunteer position, please contact Marc directly at kofimarc@gmail.com or see Father Charles after any Mass.

If you love to worship at Sacred Heart, why not give working here a try? Contact the office during business hours or email Fr. Charles if interested or if you have any questions.

WORLD DAY of PRAYER for VOCATIONS Sunday, April 21, 2024



Today the Church throughout the world prays for vocations. Will you make a special effort to ask the Lord for vocations to the priesthood and religious life? Pray for the priests who have ministered to you throughout your life, both living and dead. Encourage your children, grandchildren, or other young people to consider a vocation as a priest or religious brother or sister. Pray a rosary for more young men and women in our diocese to respond to God's call.

Religious Ed. / Youth Ministry / RCIA / Catholic Youth



Our Students receiving the Sacraments this Sunday at the 9:30am Mass celebrated by Bishop Peter Libasci:

- Kaela Morgan Adalla / *St. Francis of Assisi*
- Zakiya Adalla / *St. Christina the Astonishing*
- Maria Costa / *St. Bernadette Soubirous*
- Maggie DeCosta / *Blessed Virgin Mary*
- Keon Kirit / *St. Matthew*
- Anna McLenithan / *St. Teresa of Calcutta*
- Alex Pomeroy / *St. Luke*
- Lawrence Ramsey / *St. Lawrence*
- Grady Raymond / *St. Joseph*
- Sophia Raymond / *St. Kateri Tekakwitha*
- Adreana Santos / *St. Teresa of Calcutta*
- Ahlich Walsh / *St. Peter*



Please pray for these children and ask their Confirmation saints to pray for them too.

Refreshments will be served in the Parish Hall following Mass and photos with the Bishop.

All are welcome!

GRADES K - 8 CLASSES

UPCOMING MEETING DATES: April 28, May 5 and 19



Parish Hall following 9:30 Mass



Come join in the fun!
Youth Ministry Room
6 to 8pm

We'll be meeting this Sunday, April 21, and continuing our discussion of Corrie Ten Boom's *The Hiding Place*.

ALL ADULTS WELCOME!

Youth Ministry Room,
Parish Office, Lower Level
following 9:30 Mass

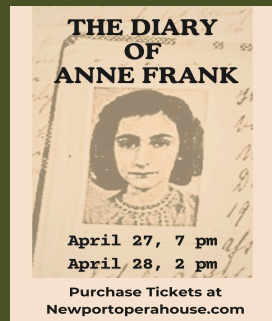


Following the Easter Vigil Mass, our RCIA program is now in the period of mystagogy, where the meaning of the Sacraments is more deeply explained to those who have newly received them. However, even cradle Catholics have been known to learn something new about the Faith in these classes! Please join us.

This Sunday, April 21: Continuing with Part Two of the Moral Life and the first three Commandments

MOUNT ROYAL
ACADEMY
in SUNAPEE
PRESENTS:

Newport Opera House
20 Main St.
Newport, NH
603-863-2412



CATHOLIC CAMPS
for GIRLS and BOYS
CAMPS BERNADETTE
and FATIMA

Read all about these camps in the March/April issue of *Parable* magazine. Copies available at all our churches.

MAKE NEW FRIENDS • LEARN NEW SKILLS •
GROW IN CONFIDENCE • KAYAK • TUBING •
ARCHERY • ROCK WALL • ROPES • TEAM
SPORTS • ARTS • AND MORE.

BUILD FAITH AND LIFELONG FRIENDSHIPS

Visit <https://bfcamp.com/> for a virtual tour of the camps as well as registration information including dates and costs. Scholarships available.



Totus Tuus is back
for 2024!
Mon, July 29 through
Fri, August 2

Register online now at:
<https://www.osohub.com/sacredheartlebanon/religious-ed/totus-tuus-summer-camp-2024>

SACRED HEART PARISH

2 Hough Street, Lebanon, NH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: <http://www.sthstm.org>
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS
Pastor / Director of Religious Education
pastorsheartlebanon@gmail.com

Camille Hardt
Parish Secretary / Safe Environment Coord.
sheartlebanon@gmail.com

Cathy Filiano
Office Assistant

Alice Maleski
Music Director
musicsheartlebanon@gmail.com



Be sure to follow us on Facebook! See pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of the Church!

SACRED HEART PARISH

<https://www.facebook.com/sacredheartlebanon>

ST. HELENA PARISH

<https://www.facebook.com/St-Helena-Parish-164450373980798/>



We extend a warm welcome to you and thank God that you are with us.

If you wish to register or would like to update your registration information, please complete this form and place it in the collection basket or mail it to the parish office.

_____ Sacred Heart _____ St. Helena/St. Mary's

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Please check the following:

- ___ Request Registration Form
- ___ Request monthly envelopes
- ___ New Address and/or Phone Number

Get important updates via email and/or text. Flocknote lets you choose what information you'd like to receive from the groups in our parish.



- Go to flocknote.com/sacredheartparish5 OR
- Text SHLEB to 84576 from your phone to subscribe to updates.
- Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. See: www.flocknote.com/txt



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month at 6pm,
Sacred Heart Parish Hall in Lebanon.

CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month at 7pm,
St. Mary's Parish Hall in Canaan.