

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 7:00pm
Wednesday 12:10pm
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

Eucharistic Adoration

First Tuesdays 5:45 - 6:45pm
Third Wednesdays following 12:10pm Mass

Rosary

Monday 8:30am in church - 7pm on Zoom
Tuesday 6:45pm (First Tuesdays at 6:15pm)
Thursday 7:30am
First Saturdays 3:30pm

Third Sunday of Easter



*And while they still disbelieved for joy,
and wondered, he said to them,
“Have you anything here to eat?”
They gave him a piece of broiled fish,
and he took it and ate before them.*

St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

Mass Intentions

Sacred Heart

April 13 - 21, 2024

The Sanctuary Candle burns for
The Intentions of Fr. Charles
by Ellie and Willis Downing

Saturday Vigil / Sunday: April 13 / 14
Third Sunday of Easter

4:00pm Mr. & Mrs. James Mottola by Carol Quirk

8:00am Victoria Ayala & Ethan Wasiejko
by The Santana Family

9:30am Deceased Members of the Dixon Family
by Gordon and Louise Gribble

Monday: April 15

8:00am Alphonse and Flora LeBlanc
by Maurice and Connie LeBlanc

Tuesday: April 16

7:00pm Megan Mattern by Kelly Diette

Wednesday: April 17

12:10pm Eleanor Boisvert by Janice Miles

Thursday: April 18

8:00am Scott and Judy Wadsworth by Tuan Tran

Saturday Vigil / Sunday: April 20 / 21
Fourth Sunday of Easter

4:00pm Margaret Kirby by Paul McDonough

8:00am Lucille Barton by Pat Aucoin

9:30am The Holiness of the Religious Ed.
Students who Will Receive their Sacraments at
this Mass and Their Families

St. Helena and St. Mary's Mission

April 14 and 21, 2024

Sunday: April 14

Third Sunday of Easter

10:00am (St. Mary's) Deceased Members of the
Knights of Columbus Council 8027 and their
Families

5:30pm Deceased Members of the Knights of
Columbus Council 8027 and their Families

Sunday: April 21

Fourth Sunday of Easter

10:00am (St. Mary's) The Healing of William
Vanasse by Mom Rosie and Kevin Swanson

5:30pm Pro Populo

Every penny counts!



Thank you for your contribution - big and small!

UPCOMING SPECIAL COLLECTIONS

This Sunday, April 14 - Fuel Fund

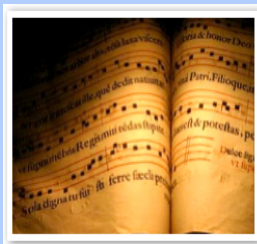
Sunday, May 5 - Fuel Fund

Thursday, May 9 - The Ascension

Sunday, May 19 - Catholic
Communications Campaign

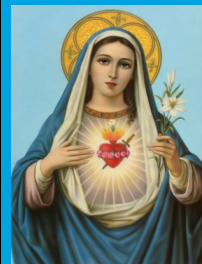
NIGHT PRAYER (COMPLINE)

Join us for Night Prayer at
Sacred Heart every Tuesday
in Eastertide after 7pm Mass.



*Lord, now lettest thou thy servant depart in peace,
according to thy word for mine eyes have seen thy
salvation which thou hast prepared in the presence
of all peoples, a light for revelation to the Gentiles,
and for glory to thy people Israel.*

The Nunc Dimittis, Luke 2:29-32



THE MARIAN MONTH of MAY

The Rosary will be prayed one
half hour before each Saturday
Vigil Mass at Sacred Heart and
before each Sunday Mass at St.
Mary's and St. Helena.

On Mary's Altar at Sacred Heart, there will be
four seven-day candles available to light in
memory or honor of a loved one. (This is a total
of 16 candles throughout the month.) They're
available as follows:

May 4 - 10

May 11 - 17

May 18 - 24

May 25 - 31

To reserve one of these candles, please call or
email the office. The suggested donation is \$10.

Parish Ministries and Announcements

EUCCHARISTIC ADORATION

Wed, April 17



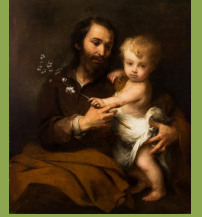
Please join us for 12:10pm Mass on Wednesday and stay for adoration immediately following. Benediction at 1:50pm

MEN of ST. JOSEPH

All men are welcome to join!

Saturday, April 13 - 9 to 10:30am

Youth Ministry Room
in the Parish Office, Lower Level



BIBLE STUDY at SACRED HEART

On April 21 we'll begin to examine David, a man after God's own heart, using Bishop Barron's Word on Fire course, *David the King*. This is a six-week course so we'll meet every Sunday through June 2, except May 12 which is Mother's Day. Please make sure to join our Flocknote group to receive all notifications.

"I was
sick and
you visited
me ..."
Matthew 25:36

PASTORAL CARE VISITORS

We hope to share the Eucharist and conversation with the homebound in our parishes. If you, a family member, or a friend cannot come to Mass, our parish family will come to you.

Please contact the office to request a visit. Our Pastoral Care ministers would be happy to share their time with those who are unable to get out on their own.

MONDAY NIGHT ROSARY

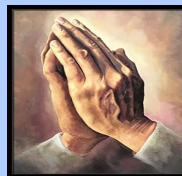
Join us on Zoom at 7pm and pray the Glorious Mysteries with us throughout Eastertide. Zoom sign-in information may be found on our parish website.



PRAYER SHAWLS are available at the entrances of all our churches. Please take a shawl to someone who could use a physical reminder that he or she is being prayed for.

PRAYER CHAIN MINISTRY

at **ST. HELENA / ST. MARY'S**,
contact Margaret Battis
at (603) 632-5249,



and at **SACRED HEART**,
send an email to sheartprayerchain@gmail.com
or call the office during normal business hours.

Next week begins the annual New Hampshire Catholic Appeal: Future of Our Faith II, One Bread, One Body (NHCA), an initiative designed to strengthen our ministries for the Church in New Hampshire and to reduce the number of annual second collections at parishes.



NEW HAMPSHIRE CATHOLIC APPEAL
FUTURE OF OUR FAITH II - ONE BREAD, ONE BODY

Last year, our parishes along with the other 86 parishes raised more than \$3.8M. Thank you to all who donated to the appeal last year. The Appeal will take place over the next two weekends at Mass.

The NHCA supports the care for our retired and elderly priests, seminarian education and vocations, Catholic education, evangelization through Parable magazine, the Community Services program at Catholic Charities NH and more. Every registered parishioner will receive a letter from Bishop Libasci along with appeal materials in the mail soon.



Please keep the Church in New Hampshire in your prayers that we may grow together and carry our faith into the future.

For more information, go to
<https://www.catholicnh.org/nhca>

Parish Ministries and Announcements

APRIL and MAY EVENTS at SACRED HEART

Sunday, April 21 - Religious Ed. students receive the Sacraments of Confirmation and First Eucharist by Bishop Libasci at the 9:30 Mass. Refreshments follow in the Parish Hall.

Saturday, May 4 - Derby Day Fundraiser

Sunday, May 5 - May Crowning of Mary at 9:30 Mass.

Thursday, May 9 - Ascension Thursday. Masses at 12:10 and 7:00pm. This is a Holy Day of Obligation.

Sunday, May 26 - Filipino - American *Flores de Mayo* celebration at 9:30 Mass with outdoor procession following.

Monday, May 27 - Memorial Day Knights of Columbus Coffee and Donuts following 9:30 Mass. Watch the parade from the church lawn!



A PARISHIONER ASKS ...

What's the deal with the jumbo candle that appears every Easter and then disappears?

The *Paschal candle* is one of the most sacred and enduring elements in Christianity. Made of beeswax to represent the purity of Christ, the candle's wick signifies Christ's humanity, and the flame His Divine Nature. It is adorned with one or more Christian symbols; often the cross to represent His redemptive sacrifice and the first and last letters of the Greek alphabet - Alpha and Omega - to signify that He is the beginning and the end.

During the Easter Vigil service on Holy Saturday night, a fire is kindled in a brazier. From the brazier comes a "new" and blessed fire that lights the Paschal candle which is carried in procession into the dark church. The "new" fire serves as an image of the Resurrection. The candle, which represents Christ himself, is placed on a special Paschal candle stand near the altar. Five grains of incense are inserted into the candle to recall the aromatic spices that were used to prepare Christ's body for the tomb, and the wounds in His hands, feet and side, which remained after His Resurrection.

The Paschal candle remains in the Sanctuary during the full 50 days of Eastertide. After Pentecost the candle will be placed next to our churches' baptismal fonts. The candle is lit during all Baptisms throughout the year, passing the light of Christ to each person baptized. The candle is also used at funeral Masses, placed next to the casket. At a funeral Mass it is a reminder that the sacrament of Baptism is itself a death and resurrection in Christ, and testifies to Christian certainty in the resurrection of the dead and life with Christ in the world to come.

Derby Day Fundraiser



SACRED HEART

Get your tickets early for this family-friendly event!

**We sold out last year
so don't wait!**

Saturday, May 4, following 4pm Vigil Mass

Adult ticket: \$25 / Children's ticket: \$15

There'll be horse-racing, Derby BINGO, and lots of prizes in addition to a delicious BBQ rib dinner!

**Pre-sale tickets available April 13 - 21:
Save \$2 per ticket!**

EMPLOYMENT/VOLUNTEER OPPORTUNITIES at SACRED HEART

Parish Secretary (start date April 29)

- Work between 28 - 30 hours per week, Monday through Thursday, mostly with Google products
- Produce weekly bulletin as well as Flocknotes as needed
- Process deposits and bills, and print checks

Knowledge and love of the Faith most helpful. Shadow current secretary for up to two months or as needed.

Director of Religious Education / Safe Environment Coordinator (start date mid-July)

- Work an average of 12 hours per week in concert with Fr. Charles
- Flexible schedule within the year but must work Sundays when Religious Education is in session along with the occasional weekday evening when families come to church for a Religious Ed. event
- Careful processing of adult volunteers in the parish regarding diocesan Safe Environment practices

Youth Ministry Leader

- Parishioner Marc Ramsey will finish out this year as leader, but due to family and work obligations is unable to return next school year. To learn more about this volunteer position, please contact Marc directly at kofimarc@gmail.com or see Father Charles after any Mass.

If you love to worship at Sacred Heart, why not give working here a try? Contact the office during business hours or email Fr. Charles if interested or if you have any questions.

Parish, Diocesan, & Community Notes



Free
Community Dinner
at St. Mary's, Canaan

Join us after the 10am Mass on Sunday,
April 21, when the Knights of Columbus,
Council 8027, will host our monthly
Community Dinner.

MENU: Spaghetti with Meatballs, Garden Salad,
Variety of Desserts and Beverages



**ANNIVERSARY
CELEBRATION
with BISHOP LIBASCI**



All couples celebrating 5, 10, 25, 50 and 60+ years
of marriage in 2024 are invited to attend Mass at
St. Joseph Cathedral, Manchester, on Sunday,
May 5, at 2pm.

To register, please contact our parish office
no later than April 17.



PREGNANCY CENTER
OF THE UPPER VALLEY

FUND-RAISING BANQUET

Celebrating 42 years of service to the families
of the Upper Valley region!

FRIDAY, APRIL 19

6:30 - 9:00pm, Fireside Inn, West Lebanon

FEATURING COMEDIAN

Mike Williams

Your financial investment changes lives!
For more information or to make a reservation
and be seated with other parishioners,
please contact the Sacred Heart office
at 603-448-1262.

*Be watchful, stand firm in your faith,
be courageous, be strong.*
1 Corinthians 16:13

TOGETHER WE CAN Keep God's Children Safe



April is Child Abuse Prevention Month

In recognition of Child Abuse Prevention Month,
the Diocese of Manchester invites you to a Mass.

MASS for the
**HEALING OF
THOSE AFFECTED
BY ABUSE**



WHERE

ST. JOSEPH CATHEDRAL
CORNER PINE & LOWELL ST
MANCHESTER, NH

WHEN

APRIL 18, 2024
6:00 PM

STREAM

WWW.
STJOSEPHCATHEDRALNH.ORG

ALL ARE INVITED

JOIN US TO PRAY FOR ALL
THOSE AFFECTED BY ABUSE
IN THE CHURCH AND IN OUR
SOCIETY

DIocese of Manchester



MANY CATHOLICS

are unaware of existing ministries
for those facing unexpected or
difficult pregnancies.



The website catholicnh.org/support-moms
highlights pregnancy and parenting education
centers such as Our Place and St. Gianna's Place;
the support available through the St. Mary's Bank
Pregnancy Care Center at Catholic Medical
Center; and crisis pregnancy services throughout
the state.

For those who have experienced sadness and
regret after an abortion, information is available
through **Project Rachel**. If you have any
questions about these resources, please contact
Derek McDonald at 603-663-0171 or
dmcDonald@rcbm.org.

Religious Ed. / Youth Ministry / RCIA / Catholic Youth



**FOR the RELIGIOUS ED STUDENTS
RECEIVING the SACRAMENTS**

**MANDATORY Confirmation
and First Holy Communion Rehearsal**

Wednesday, April 17, at 5:30pm in the church.
After rehearsal, all Religious Ed. families are
invited to a Pizza Party in the Parish Hall.

*Also, if your student has not yet been to Confession,
please schedule that asap with Fr. Charles directly
or by calling the office.*

**GRADES K - 8 CLASSES
UPCOMING MEETING DATES**

April 28, May 5 and 19

Parish Hall following 9:30 Mass



**Come join in the fun!
Youth Ministry Room
6 to 8pm**

**We'll be meeting next Sunday, April 21,
and continuing our discussion
of Corrie Ten Boom's *The Hiding Place*.**

ALL ADULTS WELCOME!

**Parish Office Meeting Room
following 9:30 Mass**



Following the Easter Vigil Mass, our RCIA program is now in its final period known as mystagogy, where the meaning of the Sacraments is more deeply explained to those who have newly received them. However, even cradle Catholics have been known to learn something new about the Faith in these classes! Please join us.

This Sunday, April 14: Part 2 of The Christian Moral Life, The First Three Commandments



**PLEASE PRAY for our
RELIGIOUS ED STUDENTS
WHO will be RECEIVING
the SACRAMENTS
by BISHOP LIBASCI**

SUNDAY, APRIL 21

9:30am MASS

Refreshments will be served in the Parish Hall
following Mass and photos with the Bishop.

All are welcome!

MOUNT ROYAL ACADEMY, a pre-K through grade 12 school in Sunapee, boasts "... a classical curriculum that liberates the soul; a school culture that nurtures virtue; meaningful parent partnership; affordable tuition enhanced by state grants; and education rooted in goodness, truth, and beauty."



If you'd like to tour the school or have your student(s) enjoy a shadow day there, call Mount Royal at 603-763-9010 to schedule. Visit their website at mountroyalacademy.com.



**HIGH SCHOOL
GREAT BOOKS PROGRAM**

July 7-20, 2024

The Summer Program at Thomas Aquinas College encourages wonder and leads participants toward wisdom.

Just 90 miles west of Boston, in Northfield, Massachusetts, students at the New England Summer Program can get a taste of life on Thomas Aquinas College's recently opened second campus. Among its century-old buildings is a newly restored gymnasium that includes a swimming pool, basketball courts, and a dance studio, as well as workout facilities and equipment.

On-campus activities include swing-dance classes and evening gatherings. Students travel off campus to explore historic Boston and the Freedom Trail, kayak on the nearby Connecticut River, and enjoy a concert with the Boston Symphony Orchestra at Tanglewood Music Center.

For details and registration:

<https://thomasaquinas.edu/admissions/summerprogram>

SACRED HEART PARISH

2 Hough Street, Lebanon, NH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: <http://www.sthstm.org>
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS
Pastor / Director of Religious Education
pastorsheartlebanon@gmail.com

Camille Hardt
Parish Secretary / Safe Environment Coord.
sheartlebanon@gmail.com

Cathy Filiano
Office Assistant

Alice Maleski
Music Director
musicsheartlebanon@gmail.com



Be sure to follow us on Facebook! See pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of the Church!

SACRED HEART PARISH

<https://www.facebook.com/sacredheartlebanon>

ST. HELENA PARISH

<https://www.facebook.com/St-Helena-Parish-164450373980798/>



We extend a warm welcome to you and thank God that you are with us.

If you wish to register or would like to update your registration information, please complete this form and place it in the collection basket or mail it to the parish office.

_____ Sacred Heart _____ St. Helena/St. Mary's

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Please check the following:

- ___ Request Registration Form
- ___ Request monthly envelopes
- ___ New Address and/or Phone Number

Get important updates via email and/or text. Flocknote lets you choose what information you'd like to receive from the groups in our parish.



- Go to flocknote.com/sacredheartparish5 OR
- Text SHLEB to 84576 from your phone to subscribe to updates.
- Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. See: www.flocknote.com/txt



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month at 6pm,
Sacred Heart Parish Hall in Lebanon.

CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month at 7pm,
St. Mary's Parish Hall in Canaan.